

دانشگاه علوم پزشکی و خدمات بهداشتی درمانی ایران  
دانشکده پرستاری و مامایی



مشخصات فردی

نام فریده باستانی

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وضعیت تاهل: متاهل

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مشخصات حرفه ای آموزشی

دکترای تخصصی آموزش و ارتقاء سلامت، دانشگاه تربیت مدرس، ۱۳۸۳

کارشناسی ارشد مدیریت و آموزش پرستاری (با گرایش کودکان)، دانشگاه تربیت مدرس، ۱۳۶۸

کارشناسی پرستاری، دانشگاه علوم پزشکی ایران، ۱۳۶۳

رتبه علمی

استاد

زبان

فارسی (زبان مادری)

انگلیسی (متوسط)

## علاقمندیهای حرفه ای

آموزش و ارتقا سلامت  
سلامت زنان  
سالمندی سالم و فعال و موفق  
پژوهش های کمی (مداخله ای- غیر مداخله ای بمانند کارآزمایی های بالینی...)

## عضویتها

عضو افتخاری انجمن بین المللی پرستاری دانشگاه کارولینای جنوبی امریکا  
Sigma Theta Tau International, Alpha XI Chapter  
عضو شورای آموزشی دانشکده  
عضو شورای تحصیلات تکمیلی دانشکده  
عضو شورای پژوهشی دانشکده  
عضو انجمن علمی پرستاری ایران  
عضو انجمن شیر مادر  
عضو سازمان نظام پرستاری ایران

## تجربه پژوهشی

راهنمایی بیش از 50 پایان نامه کارشناسی ارشد در پرستاری و مامایی و نیز چند رساله دکتری پرستاری در حوزه های آموزش و ارتقاء سلامت، مامایی و بهداشت باروری، پرستاری مادران نوزادان، سلامت زنان، پرستاری سالمندی

## کتابها

باستانی فریده. اهمیت تغذیه شیرخوار با شیر مادر و مولفه های تاثیر گذار بر آن. ۱۳۸۸ انتشارات ماهتاب  
باستانی فریده و همکاران. ارائه مراقبت های بهداشتی در منزل. انتشارات دانشگاه علوم پزشکی ایران. ۱۳۷۹  
باستانی فریده. ارتقا سلامت در سالمندی. انتشارات دانشگاه ع پ ایران ۱۳۹۳

## کنگره ها / سمینارها

در بیش از ۱۵ کنگره ملی و بین المللی به عنوان ارائه دهنده (سخنران و ارائه کننده پوستر)، شرکت کننده ، عضو کمیته علمی

**برنده گرنت پژوهشی تا سقف ۱۰ هزار دلار**

بعنوان مجری اصلی طرح از سوی سازمان بهداشت جهانی در سال ۲۰۰۷

**مقالات منتشر شده در مجلات داخلی و بین المللی مندرج در گوگل اسکالر ( Published )  
(research articles / papers in National and International Journals**

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### Perceived Stress and the Contributing Factors in the Elderly with Urinary Incontinence

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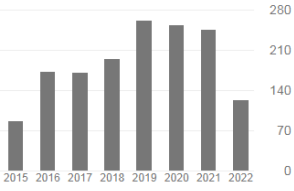
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TITLE	CITED BY	YEAR
<input type="checkbox"/> <a href="#">A randomized controlled trial of the effects of applied relaxation training on reducing anxiety and perceived stress in pregnant women</a> F Bastani, A Hidarnia, A Kazemnejad, M Vafaei, M Kashanian Journal of midwifery & women's health 50 (4), e36-e40	311	2005
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Citations	1890	1258
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