

In the name of God



Iran University of Medical Sciences
Faculty College of Nursing & Midwifery

Complementary and Alternative Medicine and Nurse's Role Course plan

COURSE OUTLINE

Course Title: Complementary and Alternative Medicine and Nurse's Role
Course plan

Course of Credits: 1 (theoretical)

Department: medical surgical nursing

Co & Pre-requisites: -

Student level: Master of Science

Course director & responsible: Dr. Alice Khachian

Theoretical Course Coordinator: Dr. Alice Khachian

Course faculties & tutors email & Telephone:

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INTRODUCTION & COURSE DISCRIPTION

This course provides the theoretical foundations and skills needed for complementary and alternative medicine in nursing and focuses on nurse's role in it. In this course, learners will be familiar with different methods of this kind of medicine and learn the role of nurse in it. Performing written assignments, presentation and participating in

schedule facilitates achievement of educational goals and better learning (activities of faculties and learners are described in the following pages).

AIM:

Understanding and developing inclusive ability in knowing methods of complementary and alternative medicine and nurse's role to provide specialized care to patient and their families.

Course plan components (referral subject for student's task):

- 1- History of complementary and alternative medicine
- 2-Philosophy of complementary and alternative medicine
- 3-Definitions of complementary and alternative medicine
- 4- Categories of complementary and alternative medicine
- 5- Usual systems o of complementary and alternative medicine:
 - Chinese Medicine(Acupuncture)
 - Homeopathy
 - Mental and spiritual methods
 - Biological methods
 - Physical methods
 - Energy therapy

COURSE OBJECTIVES

After this course learner must be able:

The recognition domain: (knowledge)

- 1- To describe & discuss the concepts and principles of complementary and alternative medicine
- 2- Describe the historical aspects and philosophical foundations of complementary and alternative medicine
- 3- Describe the definitions and categories of complementary and alternative medicine
- 4- Describe the Usual systems o of complementary and alternative medicine

The emotional domain: (beliefs and attitudes)

- 1- Be sensitive to complementary and alternative medicine in nursing.
- 2- Obligated to protecting the rights of clients in complementary and alternative medicine.
- 3- Believe in individual differences between clients for using different methods of complementary and alternative medicine.
- 4- Understand the importance of nurse's role in complementary and alternative medicine.
- 5- Believe in the legal and ethical rights of the client as an independent human being using complementary and alternative medicine.

The psychomotor domain: (skills)

- 1- 1-Analyze perspectives on nursing work in complementary and alternative medicine.
- 2- Provide timely assignments individually and in groups.
- 3- Actively participate in class discussions using listening and feedback skills.
- 4- Criticize their professional ethics and their work environment using complementary and alternative medicine

Assumptions:

This course is based on the following assumptions.

- 1- The level of knowledge, individual goals and learning methods of learners are varies.
2. Students are ready to take responsibility of their own learning and follow the curriculum under the guidance of faculties.

Course Teaching, Technology Methods and Learning Activities:

It is a student-centered course; so the students are expected to prepare themselves before class and participate actively in class discussions and presentations.

Course Teaching and Learning Activities include:

Lecture methods, computer slides, group discussion, literature review, Library & internet search.... At the moment because of Covid 19 pandemy all classes will be hold virtually.

Student Duties:

Students are expected to:

- 1-Acquire appropriate scientific infrastructure for learning the materials.
- 2-Expand their knowledge through library studies using the arguments raised.
- 3-Use new scientific resources and research findings in their assignments and have proper references to them.
- 4-The responsibility for learning is to take over and follow their own educational programs under the supervision of their professors.
- 5-To attend classes regularly without interruption and to participate in scientific discussions.
- 6-Present their assignments at designated times and participate fully in theoretical test sessions between the semester and the end of the semester.
- 7-Class absences should not exceed 4.17 hours. If the absence is exceeded:
 - A. If more than 1.2 absences are justified, the course will be deleted.
 - B- If the absences are unjustified, the score for the course will be zero.

Teaching-learning methods:

Theory session:

The content of this lesson is presented as lecture, small group training, discussion, question and answer, and using teaching aids. Teaching hours are a total of 16 hours over 8 weeks, and will also be offset by holidays coordinated by faculty and students.

Practical session:

Journal Club Task:

Students are required to select at least three research articles from a reliable & valid English journals for a course subject and submit it orally after approval by their respective professor. Research articles are prioritized. (From 2015-2020)

Final exam:

At the end of the semester, all subjects will be exam.

COURSE ASSESSMENT METHODS

Evaluation guidelines:

Theoretical evaluation method

| no | Evaluation subject | score |
|----|--------------------------------|-------|
| 1 | Written final exam | 50% |
| 2 | Oral journal club presentation | 40% |
| 3 | Activity of class | 10% |
| | Overall | 100 |

GUIDELINES OF COURSE CONTENT:

| No | Date & day | Subject/session | faculties |
|----|------------|--|--------------|
| 1 | | -Course explanation & Orientation -History and philosophy - Acupuncture, Homeopathy and energy therapy | Dr. Khachian |
| 2 | | -Biological methods | Dr. Khachian |
| 3 | | -Mental and spiritual methods | Mrs. Masror |
| 4 | | - Categories, usual systems and nurses role | Mrs. Masror |

References:

2- Neighbors, M. Marek, J.F. Green, C.J. Manahan, F.D. (last edition)"Phipps` Medical-Surgical Nursing" Philadelphia: Mosby

3- Kearney, N. Richardson, A. (last edition) "Nursing Patients with Cancer: Principles & Practice" Edinburgh: Elsevier